

Dear Colleague,

NATIONAL ROLLOUT OF COVID-19 REMOTE MONITORING SERVICE

There is clear evidence that supported self-monitoring improves outcomes for people with COVID-19 who are at high risk of hospitalisation. Early detection of deteriorating symptoms, including silent hypoxia, can enable timely treatment. There is also evidence that COVID-19 patients admitted to hospital sooner see a reduction in length of stay.

A COVID-19 remote monitoring clinical pathway for high-risk patients has been developed with clinical input, supported by the Inhealthcare platform. Following assessment, patients will be asked to log pulse oximeter readings and other symptoms through their choice of a website, an app, SMS or touchtone phone. The costs of the InHealthcare platform and all pulse oximeters have been met by Scottish Government.

This clinical pathway is currently being tested within NHS Lanarkshire, with a further two Boards expected to follow. We recognise, however; that this service must be rapidly rolled out across all NHS Boards, so we can better support high-risk COVID-19 patients and minimise their hospital stay.

Along with the Cabinet Secretary for Health & Sport, we expect that all NHS Boards will prepare for this remote monitoring pathway to be included in existing Covid-19 service delivery as a priority. A readiness checklist for NHS Boards and other information to support preparations for rollout is available on the [Technology Enabled Care \(TEC\) website](#). A [recording](#) of the TEC webinar from 26 January, providing an overview of the clinical pathway, is also available to view.

The Scottish Government will continue to support pathway roll out through its TEC team, and provide ongoing support to NHS Boards through the national COVID19 board hub leads network.

Yours sincerely

Gregor Smith

Dr Gregor Smith
Chief Medical Officer

**From the Chief Medical Officer
Dr Gregor Smith**

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For action

NHS Boards Chief Executives,
NHS Boards Medical Directors, NHS
Boards Primary Care Leads,
NHS Boards Directors of Nursing &
Midwifery,
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For information

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