Life Skills Profile (LSP)

Instructions

Complete the questionnaire as you assess the client's general functioning (i.e. not during crises when he or she is ill, or becoming ill, but his or her general state over the past three months).

Question 1

Does this person generally have any difficulty with initiating and responding to conversation?

0   No difficulty with conversation

1   Slight difficulty with conversation

2   Moderate difficulty with conversation

3   Extreme difficulty with conversation

Question 2

Does the person generally intrude or burst in on others' conversation (e.g. interrupts you when you are talking)?

0   Not intrusive at all

1   Slightly intrusive

2   Moderately intrusive

3   Extremely intrusive
**Question 3**
*Does this person generally withdraw from social contact?*

0  Does not withdraw at all

1  Withdraws slightly

2  Withdraws moderately

3  Withdraws totally or near totally

**Question 4**
*Does this person generally show warmth to others?*

0  Considerable warmth

1  Moderate warmth

2  Slight warmth

3  No warmth at all

**Question 5**
*Is this person generally angry or prickly towards others?*

0  Not angry at all

1  Slightly angry

2  Moderately angry

3  Extremely angry
Question 6
Does this person generally take offence readily

0 Not angry at all
1 Somewhat ready to take offence
2 Quite ready to take offence
3 Extremely ready to take offence

Question 7
Does this person generally make eye contact with others when in conversation?

0 Appropriate eye contact
1 Slightly reduced eye contact
2 Moderately reduced eye contact
3 Extremely reduced or no eye contact

Question 8
Is it generally difficult to understand this person because of the way he or she speaks (e.g. jumbled, garbled or disordered)?

0 Not at all difficult
1 Slightly difficult
2 Moderately difficult
3 Extremely difficult
**Question 9**
Does this person generally talk about odd or strange ideas?

- 0  No odd ideas
- 1  Slightly odd ideas
- 2  Moderately odd ideas
- 3  Extremely odd ideas

**Question 10**
Is this person generally well groomed (e.g. neatly dressed, hair combed)?

- 0  Well groomed
- 1  Moderately well groomed
- 2  Poorly groomed
- 3  Extremely poorly groomed

**Question 11**
Is this person's appearance (facial appearance, gestures) generally appropriate to his or her surroundings?

- 0  Unremarkable or appropriate
- 1  Slightly bizarre or inappropriate
- 2  Moderately bizarre or inappropriate
- 3  Extremely bizarre or inappropriate
**Question 12**
Does this person wash himself or herself without reminding?

0  Generally

1  Occasionally

2  Rarely

3  Never

**Question 13**
Does this person generally have an offensive smell (e.g. due to body, breath or clothes)?

0  Not at all

1  Smells slightly

2  Smells moderately

3  Smells a lot

**Question 14**
Does this person wear clean clothes generally, or ensure that they are cleaned if dirty?

0  Maintains cleanliness of clothes

1  Moderate cleanliness of clothes

2  Poor cleanliness of clothes

3  Very poor cleanliness of clothes
Question 15
Does this person generally neglect her or his physical health?

0  No neglect
1  Slight neglect of physical problems
2  Moderate neglect of physical problems
3  Extreme neglect of physical problems

Question 16
Does this person generally maintain an adequate diet?

0  No problem
1  Slight problem
2  Moderate problem
3  Extreme problem

Question 17
Does this person generally look after and take her or his own prescribed medication (or attend for prescribed injections on time) without reminding?

0  Reliable with medication
1  Slightly unreliable
2  Moderately unreliable
3  Extremely unreliable
**Question 18**
Is this person willing to take psychiatric medication when prescribed by a doctor?

0    Always
1    Usually
2    Rarely
3    Never

**Question 19**
Does this person co-operate with services (e.g. doctors and/or other carers)?

0    Always
1    Usually
2    Rarely
3    Never

**Question 20**
Is this person generally inactive (e.g. spends most of the time sitting or standing around doing nothing)?

0    Appropriately active
1    Slightly inactive
2    Moderately inactive
3    Extremely inactive
**Question 21**
Does this person generally have definite interests (e.g. hobbies, sports, activities) in which he or she is involved regularly?

0 Considerable involvement

1 Moderate involvement

2 Some involvement

3 Not involved at all

**Question 22**
Does this person attend any social organisation (e.g. church, club or interest group but excluding psychiatric therapy groups)?

0 Frequently

1 Occasionally

2 Rarely

3 Never

**Question 23**
Can this person generally prepare (if needed) her or his own food / meals?

0 Quite capable of preparing meals

1 Slight limitations

2 Moderate limitations

3 Totally incapable of preparing food/meals
Question 24
Does this person generally budget (if needed) to live within his or her means?

0  Quite capable of budgeting
1  Slight limitations
2  Moderate limitations
3  Totally incapable of budgeting

Question 25
Does this person generally have problems (e.g. friction, avoidance) living with others in the household?

0  No obvious problems
1  Slight problems
2  Moderate problems
3  Extreme problems

Question 26
What sort of work is this person generally capable of (even if unemployed, retired or doing unpaid domestic duties)?

0  Capable of full-time work
1  Capable of part-time work
2  Capable only of sheltered work
3  Totally incapable of work
**Question 27**
Does this person behave recklessly (e.g. ignoring traffic when crossing the road)?

- **0** Not at all
- **1** Rarely
- **2** Occasionally
- **3** Often

**Question 28**
Does this person destroy property?

- **0** Not at all
- **1** Rarely
- **2** Occasionally
- **3** Often

**Question 29**
Does this person behave offensively (includes sexual behaviour)?

- **0** Not at all
- **1** Rarely
- **2** Occasionally
- **3** Often
Question 30
Does this person have habits or behaviours that most people find unsociable (e.g. spitting, leaving lighted cigarette butts around, messing up the toilet, messy eating)?

0  Not at all
1  Rarely
2  Occasionally
3  Often

Question 31
Does this person lose personal property

0  Not at all
1  Rarely
2  Occasionally
3  Often

Question 32
Does this person invade others' space (rooms, personal belongings)?

0  Not at all
1  Rarely
2  Occasionally
3  Often
Question 33
Does this person take things which are not his or hers?

0  Not at all
1  Rarely
2  Occasionally
3  Often

Question 34
Is this person violent towards others?

0  Not at all
1  Rarely
2  Occasionally
3  Often

Question 35
Is this person violent to him or herself?

0  Not at all
1  Rarely
2  Occasionally
3  Often
**Question 36**
Does this person get into trouble with the police?

- 0  Not at all
- 1  Rarely
- 2  Occasionally
- 3  Often

**Question 37**
Does this person abuse alcohol or other drugs?

- 0  Not at all
- 1  Rarely
- 2  Occasionally
- 3  Often

**Question 38**
Does this person behave irresponsibly?

- 0  Not at all
- 1  Rarely
- 2  Occasionally
- 3  Often
Question 39
Does this person generally make and / or keep up friendships?

0  Friendships made or kept well

1  Friendships made or kept up with slight difficulty

2  Friendships made or kept up with moderate difficulty

3  No friendships made or none kept up