



National Health Service in Scotland  
Management Executive

St. Andrew's House  
Edinburgh EH1 3DG

Dear Colleague

THE NHS (GENERAL MEDICAL AND  
PHARMACEUTICAL SERVICES) (SCOTLAND)  
AMENDMENT (NO 2) REGULATIONS 1992

SUMMARY

1. This letter advises Health Boards of deletions from and additions to the list of drugs in Schedule 2A to the NHS (General Medical and Pharmaceutical Services) (Scotland) Regulations 1974 which lists the drugs and other substances not to be supplied by general medical practitioners or prescribed for supply under pharmaceutical services. It also advises Health Boards of one addition to Schedule 2B of the aforementioned Regulations.

2. The changes are set out in the NHS (General Medical and Pharmaceutical Services) (Scotland) Amendment (No 2) Regulations 1992. The provisions come into force on 2 November 1992. Details are given overleaf. A small supply of the SI will be sent to Health Boards under separate cover.

ACTION

3. Health Boards are asked to distribute as quickly as possible to all general medical practitioners and chemist contractors a copy of the Memorandum to this letter. Bulk supplies of the Memorandum are being sent under separate cover.

4. Health Boards should send copies of the Memorandum to the Area Medical Committee, GP Sub-Committee and the Area Pharmaceutical Committee.

5. This letter should be copied to Unit General Managers for information.

Yours sincerely

W SCOTT

14 October 1992

Previous Circular -  
1985(PCS)5 Amended

**Addressees**

For action:

General Managers,  
Health Boards  
General Manager,  
Common Services Agency

For information:

General Manager,  
State Hospital  
General Manager,  
Health Education Board  
for Scotland

Chief Executives and  
Chief Executive  
Designate,  
NHS Trusts

To be copied to Unit  
General Managers for  
information

**Enquiries to:**

Mr W J Lyons  
SOHHD  
HPPHD4-2  
Room 29B/3  
St Andrew's House  
EDINBURGH  
EH1 3DE  
Tel: 031-244 2786  
Fax: 031-244 2683

**Further copies from:**

Mr A J McFarlane  
Room 29C/1  
St Andrew's House  
EDINBURGH  
EH1 3DE  
Tel: 031-244 2597  
Fax: 031-244 2683

General Medical Practitioners  
Chemist Contractors

THE NHS (GENERAL MEDICAL AND PHARMACEUTICAL SERVICES)  
(SCOTLAND) AMENDMENT (NO 2) REGULATIONS 1992

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1. The changes are set out in detail in the NHS (General Medical and Pharmaceutical Services) (Scotland) Amendment (No 2) Regulations 1992. The provisions come into operation on 2 November 1992 (see details below).

2. Any questions about this Memorandum should be addressed to the Health Board.

SELECTED LIST SCHEME

A. The following products will be deleted from the list of drugs and other substances not prescribable under the NHS from 2 November 1992:-

Amplex Original Mint Capsules  
Biovital Liquid  
Cyanocobalamin Tablets (any strength)  
Emulave  
Fennings Adult Powders  
Hill's Bronchial Balsam  
Night Nurse Capsules  
Night Nurse Cold Remedy  
Savlon Baby Care Cream

B. The following products will be added to the list of drugs and other substances not prescribable under the NHS from 2 November 1992:-

Acclaim Flea Control Aerosol Plus  
Actified Cough Relief  
Allinson's Wholemeal Flour  
Ambre Solaire High Protection Cream SPF10  
Amplex Mint Capsules  
Amplex Original Capsules  
Anadin Ibuprofen Tablets  
Andrews Answer  
Andrews Antacid Tablets  
Appleford's Gluten-Free Rice Cakes  
Askit Capsules  
Aspro Paraclear Junior Tablets  
Aspro Paraclear Tablets  
Astral Moisturising Cream  
Autan Insect Repellent  
Aveeno Emulave Bar  
Bausch and Lomb Concentrated Cleaner (for hard lenses)

Bausch and Lomb Soaking and Wetting Solution  
Beechams Night Nurse Capsules  
Beechams Night Nurse Syrup  
Benylin Non-Drowsy Cough Linctus  
Bio-Light Slimming Food Supplement  
Biovital Vitamin Tonic  
Bronalin Dry Cough Linctus  
Cabdrivers Junior Linctus  
Cal-A-Cool Aftersun Moisturising Cream  
Calpol Extra Tablets  
Candermyl Liposome Cream  
Cantassium Fructose  
Cetaphil Lotion  
Chickweed Ointment  
Clerz Lubricating, Cleaning and Comfort Sachets  
Clinique Clarifying Lotion  
Clinique Continuous Coverage  
Clinique Crystal Clear Cleaning Oil;  
Clinique Dramatically Different Moisturising Lotion  
Clinique Facial Mild Soap  
Confiance Dietary Supplement Tablets  
Contactasol Solar Saline Spray  
Coppertone Sun Tanning Lotion SPF6  
Cullen's Headache Powders  
Cuprofen Tablets  
Dentu-Hold Liquid  
Dettol Antibacterial Cleanser  
Dextro Energy Glucose Tablets  
Dietade Dietary Foods Fruit Sugar  
Dusk Insect Repellent Cream  
Elagen  
Elsan Blue Liquid  
Evening Primrose Oil Capsules  
Fanalgic Syrup  
Fanalgic Tablets  
Farley's Farex Weaning Food  
Farley's Premcare  
Farley's Premcare Ready-to-Feed  
Femafen Capsules  
Fennings Adult Cooling Powders  
GF Dietary Gluten-Free Carob Marble Cake  
GF Dietary Gluten-Free Christmas Pudding  
Health Aid Vitamin E Cream  
Health Aid Vitamin E Hand and Body Lotion  
Hedex Extra Caplets  
Hill's Adult Balsam  
Ibrufhalal Tablets  
Jungle Formula Insect Repellent Gel  
K'an Herbal Preparations  
Kolynos Denture Fixative  
Lem-Plus Capsules  
Lemsip Cold Relief Capsules  
Lemsip Night Time Liquid  
Lotil Facial Cream  
Maws Sterilising Tablets  
Meltus Adult Dry Cough Elixir  
Meltus Adult Expectorant  
Meltus Baby Cough Linctus

Meltus Honey and lemon Cough Linctus  
Meltus Junior Expectorant  
Mentholatum Deep Freeze Spray  
Migrafen Tablets  
Milton Sterilising Tablets  
Minadex Chewable Vitamin Tablets  
Mu-Corn Junior Syrup  
Napisan Nappy Treatment  
Natusan Baby Ointment  
Neutrogena Body Oil (scented and unscented)  
Neutrogena Conditioner  
Neutrogena Hand Cream  
Neutrogena Lip Care  
Neutrogena Liquid  
Neutrogena Moisture  
Neutrogena Norwegian Formula Body Emulsion  
Neutrogena Rainbath Shower and Bath Gel  
Neutrogena Shampoo  
Nicotinell TTS Patches  
Novaprin Tablets  
Pacifene Tablets  
Panaleve Six Plus Suspension  
Panerel Tablets  
Perform 1 Disinfecting Solution  
Perform 2 Rinsing and Neutralising Solution  
Pestroy Flea and Insect Powder  
Phisohex System Medicated Face Wash  
Phygeine Liquid  
Pine Bath Milk  
Power Nature Vitamin E Cream  
Pregaine Shampoo  
PR Freeze Spray  
Probase 3 Cream  
Proflex Capsules  
Radian-B Mineral Bath Liquid  
Radian-B Mineral Bath Salts  
Reach Mouthwash  
Relcofen Tablets  
Remegel Tablets  
Rennie Rap-Eze Tablets  
Rite-Diet Gluten-Free Banana Cake  
Rite-Diet Gluten-Free Biscuits (milk chocolate digestive biscuit)  
Rite-Diet Gluten-Free Coconut Cookies  
Rite-Diet Gluten-Free Date and Walnut Cake  
Rite-Diet Gluten-Free Ginger Cake  
Rite-Diet Gluten-Free Gingernut Cookies  
Rite-Diet Lemon Cake  
Roskens Ultracare 3  
Savlon Dry Skin Cream  
Seven Seas Vitamin and Mineral Tonic  
Slim-Fast Meal Replacement  
SP Cold Relief Capsules  
Sunnyvale Gluten-Free Rich Plum Pudding  
Supradyn Capsules  
Supradyn Effervescent Tablets  
Supradyn Tablets for Children  
Tenaset Wash Cream

Tenaset Wash Cream (unperfumed)  
 Tixylix Cough and Cold Linctus  
 Tixylix Day-Time Cough Linctus  
 Tixylix Decongestant Inhalant Capsules  
 Unichem Cold Relief Day-Time Liquid  
 Unichem Cold Relief Night-Time Liquid  
 Unichem Cold Relief Powders  
 Vicks Vapo-syrup for Chesty Coughs  
 Vicks Vapo-syrup for Chesty Coughs and Nasal Congestion  
 Vicks Vapo-syrup for Dry Coughs  
 Vicks Vapo-syrup for Dry Coughs and Nasal Congestion

C. The following product will be added to Schedule 2B of the NHS (General Medical and Pharmaceutical Services) (Scotland) Regulations 1974 which lists drugs to be supplied by general medical practitioners or prescribed for supply under pharmaceutical services only in certain circumstances.

<u>Drug</u>	<u>Patient</u>	<u>Condition</u>
Cyanocobalamin Tablets	Any patient who is a vegan or who has a proven vitamin B12 deficiency of dietary origin	Treatment or prevention of vitamin B12 deficiency

SOHHD  
 Edinburgh  
 October 1992

General Medical Practitioners  
Chemist Contractors

THE NHS (GENERAL MEDICAL AND PHARMACEUTICAL SERVICES)  
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Clerz Lubricating, Cleaning and Comfort Sachets  
Clinique Clarifying Lotion  
Clinique Continuous Coverage  
Clinique Crystal Clear Cleaning Oil;  
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 Neutrogena Conditioner  
 Neutrogena Hand Cream  
 Neutrogena Lip Care  
 Neutrogena Liquid  
 Neutrogena Moisture  
 Neutrogena Norwegian Formula Body Emulsion  
 Neutrogena Rainbath Shower and Bath Gel  
 Neutrogena Shampoo  
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 Phygeine Liquid  
 Pine Bath Milk  
 Power Nature Vitamin E Cream  
 Pregaine Shampoo  
 PR Freeze Spray  
 Probase 3 Cream  
 Proflex Capsules  
 Radian-B Mineral Bath Liquid  
 Radian-B Mineral Bath Salts  
 Reach Mouthwash  
 Relcofen Tablets  
 Remegel Tablets  
 Rennie Rap-Eze Tablets  
 Rite-Diet Gluten-Free Banana Cake  
 Rite-Diet Gluten-Free Biscuits (milk chocolate digestive biscuit)  
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SOHHD  
 Edinburgh  
 October 1992

COMMON SERVICES AGENCY	
RECEIVED: 19 OCT 1992	
FILE No.	
REFERRED TO	ACTION TAKEN